

Scottish Athletics Limited
Road Running and Cross Country Commission

Minutes of Meeting of Wednesday 22nd May 2013 held at 6.30 p.m.
in SAL Offices, Caledonia House, South Gyle, Edinburgh

Present: Ron Morrison, (Convener); Alex Jackson, (Secretary); Alan Potts; Mark Pollard; Ian Hislop; Mike Johnston; Marjory Cook; Clare Barr and Margaret Daly.

Apologies: Graham Sword; Sophie Dunnett (due to technical problems) Lesley Roy; Ian Beattie and Nigel Holl

1. Chairman's Welcome and Opening Remarks

1.1 Ron welcomed everyone to the meeting.

1.2 Ron confirmed that the meeting would continue the practice of only discussing those agenda items which had been starred and invited any additional items to be starred that had been identified by Commission members. Additional items for discussion were duly agreed.

2. Congratulations

2.1 Congratulations were noted to the following:

- Wegene Tafese (Ronhill Cambuslang H) and Beth Potter (VP City of Glasgow AC) for their wins in the Men's and Women's CC Individual National CC respectively on 23/2/2013.
- Central AC and Edinburgh AC for their wins in the Men's and Women's National CC Team Championships respectively on 23/2/2013.
- Central AC and Edinburgh AC for their wins in the Men's and Women's 6 and 4 stage Road Relay Championships respectively on 31/3/2013.
- Ronhill Cambuslang H and Gala H for their wins in the Men's and Women's Masters 6 and 4 stage Road Relay Championships respectively on 31/3/2013.
- Ronhill Cambuslang H and Fife AC for their wins in the Men's and Women's O50 Masters 4 and 3 stage Road Relay Championships respectively on 31/3/2013.
- Robbie Simpson (Deeside R) and Fiona Mathieson (Falkirk Victoria H) for their wins in the Men's and Women's 10 mile Road Race Individual Championships respectively on 7/4/2013.
- Kerry-Liam Wilson (Ronhill Cambuslang H) and Fiona Mathieson (Falkirk Victoria H) for their wins in the Men's and Women's Masters 10 mile Road Race Individual Championships respectively on 7/4/2013.
- Falkirk Victoria H and Garscube H for their wins in the Men's and Women's 10 miles Road Race Team Championships respectively on 7/4/2013.
- Gerry Craig (VP City of Glasgow AC) and Kate Jenkins (Hunters Bog T) for their wins in the Men's and Women's 50K Road Race Individual Master's Championships respectively on 31/3/2013.
- Donnie Campbell (U/A) and Charlotte Black (Shetland AAC) for their wins in the Men's and Women's 100K Road Race Individual Championships respectively on 31/3/2013.
- Marco Cosani (Garscube H) and Charlotte Black (Shetland AAC) and for their wins in the Men's and Women's 100K Road Race Individual Master's Championships respectively on 31/3/2013.
- Matt Williamson (Bellahouston RR) and Fiona Cameron (Harmeny AC) for their wins in the Men's and Women's Ultra Trail Race Individual Championships respectively on 27/4/2013.
- Richie Cunningham (Central AC) and Hazel Dean (Central AC) for their wins in the Men's and Women's Ultra Trail Race Individual Master's Championships respectively on 27/4/2013.

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- Portobello RC and Harmeny AC for their wins in the Men's and Women's Ultra Trail Race Team Championships respectively on 27/4/2013.
- Andrew Butchart (Central AC) and Elspeth Curran (Kilbarchan AAC) for their wins in the Men's and Women's 5K Road Race Individual Championships respectively on 1/5/2013.
- Kerry-Liam Wilson (Ronhill Cambuslang H) and Fiona Mathieson (Falkirk Victoria H) for their wins in the Men's and Women's Masters 5K Road Race Individual Championships respectively on 1/5/2013.
- Shettleston H and Edinburgh AC for their wins in the Men's and Women's 5K Road Race Team Championships respectively on 1/5/2013.

3. Minutes of the previous meeting of 20th February 2013

3.1 The minutes, having been pre-circulated for accuracy and amendment and on which no comments had been received, were approved.

3.2 Actions cleared:

Action	Reason for Clearance
Action: RRCC2012-47: All – Performance and Participation Targets*	Superseded by Action: RRCC 2013-4
Action: RRCC2013-1: West District Commission Member	Clare Barr reported that this role will be taken up by Julia Henderson of Helensburgh AAC
Action: RRCC2013-3: AJ – National Championship and Marshals (Strategy Meeting)	Completed

3.3 Actions Outstanding:

- Action: RRCC2012-6: LR/RM – Endurance Officials and the Officials Commission
- Action: RRCC2012-31: RM/NH/AJ – Entries, Programmes and Results
- Action: RRCC 2012-37: NH/MJ – International RR Budget
- Action: RRCC2012-43: RM – Officials Training with RRCC2012-1
- Action: RRCC2012-48: RM/NH – Foreign Athletes living in Scotland
- Action: RRCC2013-2: GS/AP – Trophy Archive and photographs (it was noted work on this will commence in June)
- Action: RRCC2013-4: RM – Performance and Participation Targets*

3.4 Trophy Archive and photographs – Alan reported that work on this will commence in June. Photographs would be taken of each trophy and the condition of each will be recorded. Final details to be linked to online archive and information already listed there to be verified.

4. Fixtures/Championships

4.1 Winter 2013/14 Championships would take place on the equivalent date as 2012/13 with the exception of the Inter District which moves one week to 11th January 2014. The National CC Relays once again take place on the weekend of the IFAC. Following the successful hosting of the Young Athletes races at Riccarton, this venue would be retained for 2014. Dates/venues for all Championships for the forthcoming season are as follows:-

Event:	Date:	Venue:
National CC Relays	Saturday 26 th October 2013	Cumbernauld
National 4K Championships	Saturday 9 th November 2013	Bellahouston Park
Great Edinburgh CC (incorporating Inter District)	Saturday 11 th January 2014	Holyrood Park, Edinburgh
National Masters CC Championships	Saturday 1 st February 2014	Hawick
National CC Championships	Saturday 22 nd February 2014	Falkirk
National Young Athletes Road Championships	Sunday 16 th March	Riccarton
National 6/4 Stage Road Relays	Sun 31 st March	Livingston

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4.2 All venues to be confirmed and booked by next meeting. **Action: RRCC2013-5: AJ/RC**
4.3 Alex reported on entries for the upcoming Trail Championships of 96 men and 54 women.

4.4 Following discussion on the calendar of events prepared by Mark and in particular on whether District road championships should be included in this, it was agreed that the creation of a fuller championship document which would enable District secretaries to be aware of and notify athletes about key championship venues and dates would be useful. A yearbook to be prepared. **Action: RRCC2013-6: RM//AJ/MP**

5. 2013 Grand Prix Results

5.1 It was noted that the results and standings in Grand Prix events weren't as visible as might be hoped due to the need to keep the front 'news' page fresh on the website. It was agreed it would be helpful for this to be discussed with Peter Jardine. **Action: RRCC2013-7: TF/MP**

6. Performance and Participation Targets

6.1 The Commission considered a table, previously circulated, which tracked performance levels for both male and female athletes at endurance events (including track) from 2006 to 2012. The table indicated a decline in numbers year on year in track events in particular and it was felt this may be related to the reduced number of track opportunities for athletes at 10,000 metres. It was agreed the table would be updated annually and included in the online archive. **Action: RRCC2013-8: RM/MJ/MP**

6.2 The Board of Scottish Athletics had recommended the adoption of trail running as a discipline. It was noted that in trail running, athletes were recognised as Masters from age 40.

6.3 Following discussion, performance and participation targets for the Commission were agreed as follows:-

Cross Country

- Numbers entered and finished in National and District Championships
- *Medals at Major championships – World and European*
- *Numbers in UK Teams – World and European*
- Age group profiles including Masters
- *Numbers in the UK Inter-Counties top 50/100*

Road Running

- *Endurance Performance Statistics (MP)*
- *Medals at Major championships – World and European*
- *Numbers in UK Teams – World and European*

Ultra Running

- *100k & 50K Performance Statistics*
- *Medals at Major championships – World and European*
- *Numbers in UK Teams – World and European*

Trail Running

- Numbers entered and finished in National Championships
- *Medals at Major championships – World and European*
- *Numbers in UK Teams – World and European*

Ron to begin to compile figures to accompany the target areas: **Action: RRCC2013-9: RM**

7. Honorary Life Members

7.1 Potential nominations were discussed and follow-up action agreed.

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8. Championship Medals

8.1 Concern was noted that medals were not always available for presentation at RR&CC events early in the season and that the matter would be raised with the office.

Action: RRCC2013-10: AJ

9. Annual Report

9.1 Ron had prepared a draft statement on behalf of the Commission for inclusion in the SAL Annual Report and, subject to the Roll of Honour being amended for 2012/13, this was agreed.

Action: RRCC2013-11: RM

10. Date of Next Meeting

10.1 Wednesday 14th August 2013 at 6.30 p.m. in Scottish Athletics' Offices, South Gyle, Edinburgh. This would be the annual strategy meeting with a reduced agenda that considered

- a) what the next move is for road and cross country running in Scotland;
- b) what the Commission is aiming for, and
- c) what the future approach should be in trail running.

The meeting closed at 8.00 p.m.